



University of Pretoria Yearbook 2018

Sports injuries (1) 153 (EXE 153)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 6.00

Prerequisites No prerequisites.

Language of tuition Afrikaans and English are used in one class

Department Sport and Leisure Studies

Period of presentation Quarter 1

Module content

*Closed – requires departmental selection

Biomechanic factors, causes of injuries, soft-tissue injuries, first aid (RICE), massage, strapping and CPR.

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